



Memory Technology Resource Room

Memory Technology Resource Room (MTRR)

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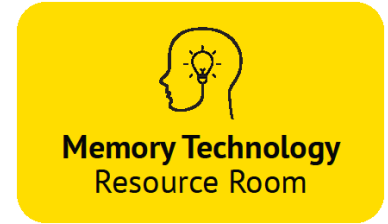
Occupational Therapist

Memory Technology Resource Room (MTRR)

Community Healthcare West

Mbl: 087-751 4428

Memory Technology Resource Room (MTRR)



- MTRR Service was rolled out in **2017** as part of the implementation of the National Dementia Strategy.
- The service is **free** to anyone over 18 years who has dementia or a memory difficulty.
- The MTRR is an **education and demonstration** site which provides an opportunity to view and discuss strategies and equipment which may be of benefit to people with memory difficulties (PWMD).

Purpose of the MTRR Service

- To **raise awareness** of the potential benefits of assistive technology (AT) to PWMD and their families/carers.
- **Families** are increasingly **using technology** at home - give them advice, highlight pros and cons of AT – help them to make informed choices.
- Help PWMD to remain **independent** - living at home – participating in their community.
- To **inform healthcare professionals, community groups and members of the public** of the equipment and services available.

What types of difficulty might a person have?



- Memory loss.
- Disorientation.
- Language impairment.
- Difficulties with every day activities such as washing, dressing, feeding, paying bills, keeping track of money etc.
- Inability to recognise objects and to recall their purpose.
- Difficulties with executive functioning.

Community Healthcare West

St Mary's Hospital,
Castlebar



Boyle Primary
Care Centre



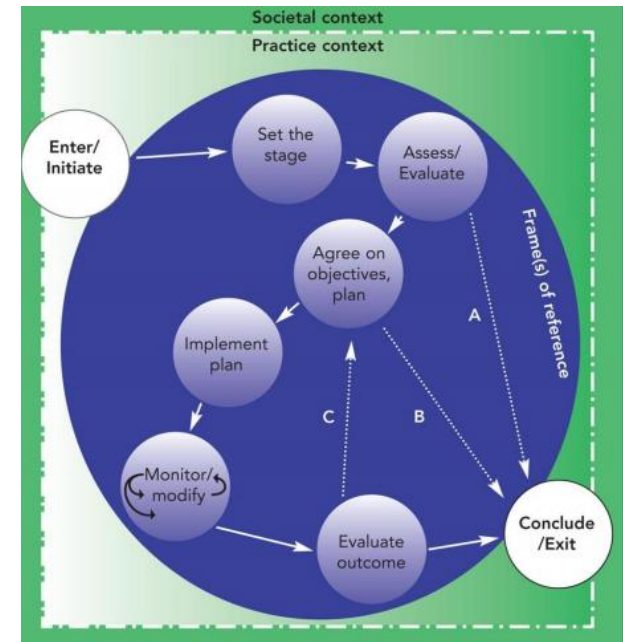
St Brendan's
CNU, Loughrea






Occupational Therapy Process - Referral Pathway

- Anyone can make a referral to the MTRR by phoning 087-751 4428 or by emailing e.g. MemoryResourceRoom.Mayo@hse.ie
- A person can be referred by their:
 - ❖ General Practitioner
 - ❖ Public Health Nurse
 - ❖ Occupational Therapist
 - ❖ Speech and Language Therapist
 - ❖ Physiotherapist
 - ❖ Or any Health Care Professional

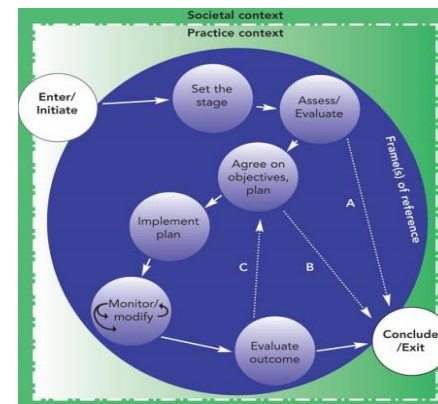
Who will complete a referral form and send it to the appropriate MTRR.



  	
Memory Technology Resource Room – Community Healthcare West – Galway	
Referral Form	
Name:	
Address and phone number:	
DOB:	
Primary carer – name, address and phone number: (if applicable)	
Email address:	
GP name and telephone number:	Medical card number:
Relevant medical history:	
Cognitive score (if available):	Mini Mental State Exam (MMSE) _____ Cognitive Linguistic Quick Test (CLQT) _____ Montreal Cognitive Assessment (MOCA) _____ Other: specify _____
Current concerns/ activities impacted by memory impairment:	
Attender's name: _____ DOB: _____	

OT Process contd

- The OT contacts the PWMD/family member to arrange an appointment and to get a brief overview of current concerns.
- During the **one and a half hour** appointment –
 - ✓ Client narrative
 - ✓ Assessment and identification of needs
 - ✓ Advice on falls prevention, communication, reminiscence strategies etc
 - ✓ Trial of appropriate equipment
 - ✓ Advice on home environment/referral to COT or PHN
 - ✓ Advice on accessing services in the community
 - ✓ Carer advice and support
 - ✓ A 2nd appointment is available
- Where consent is given - follow-up phone call after 6 months.



The equipment is broadly divided into 4 categories:

- Orientation
- Safety
- Communication
- Reminiscence, leisure

Some examples of each type are shown on the following slides.

Orientation Time



Analogue
day/night clock



Day/night flip calendar clock



Day and time
orientation clock



Digital desktop
perpetual clock



Cube talking clock

Orientation - Reminders



Locator device:
5 receivers (key rings) connected to 1 transmitter.



The Mem-X Memory Aid Pendant stores up to 90 pre-recorded messages which can be set for specific times.



- Cupboard and drawer stickers help reduce confusion and anxiety.
- Stickers cover
 - kitchen (inc utensils)
 - Bathroom
 - bedroom (inc clothing).

Orientation Medication



- 8 Alarm Tab Timer is ideal for those who don't need a pill box – just a gentle reminder to take medication.



- Can set 4 daily alarms to match 4 extra large tablet compartments.



- The Tab Time Super 8 is suitable for those who need to take meds several times/day.

Safety - Telecare



Tunstall Lifeline ViVi+
and
MyAmie Pendant



Floor sensor



Bed occupancy sensor



Vibby Fall
Detector



Seat sensor

Safety



Memo Wander Minder



Task motion bed/exit sensor



Geemarc PhotoDECT big picture cordless phone

Communication



Doro 580 mobile phone - with SOS button and GPS



Doro Memory Plus 319i landline phone

Entertainment & Reminiscence

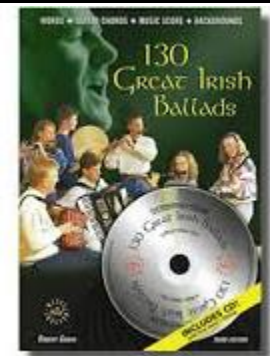


Giant playing cards in holder

Selection of books & music



Large piece jigsaws



Entertainment & Reminiscence



Talking Photo Album



One button radio



Big button remotes

For more information on these and other products or on strategies that might support a PWMD please contact me on -

Telephone: 087-751 4428

or email me at

MemoryResourceRoom.Mayo@hse.ie